

JOIN US!
Support and
Education for
Anyone Touched
by Cancer



Myth-Busting Nutrition and Breast Cancer

A Nutritional Workshop

Join us for this informative class with oncology dietician and nutrition therapist Amber Thomas, MS, RD, CSO. During this 75-minute class, Amber will discuss the nutrition hot-topics and myths specific to a breast cancer diagnosis. The content will include soy and other estrogen compounds in food and sugar, research on body size, how to evaluate studies and websites, and so much more!

Wednesday, June 8th | 2:00 – 3:15pm

To register, please scan the QR code. For questions, please contact Jacqueline Georgiana, LSW at (303) 430-2746.



All groups are offered virtually through Zoom.
Visit our website for a full listing.



 SCAN ME